

Position at Chaffey Community College: Puente Apprentice

Department: Counseling

Purpose: Provide extra support for first generation students in transferring to the university while expanding more learning opportunities for the apprentice program.

Duties: The Puente apprentice will conduct workshops based on Hope theory twice a semester for both semesters of the Puente program. The Puente apprentice will attend every club meeting and work closely with the president to tailor the meetings to the needs of the students. The apprentice will work closely with the director of the Puente program to help foster encouragement for the students to transfer to a university. The apprentice will be in charge of scheduling and planning a campus visit/tour to a four year university each semester. The Puente apprentice will also be responsible for visiting near by high schools in the spring semester to market the Puente Program to incoming first generation college students.

Learning Outcomes:

- Students will gain more knowledge of university life.
- Students will develop a strong sense of empowerment to transfer.
- Apprentice will learn how to effectively work with first generation students.
- Apprentice will develop workshops to further educate Puente students on how to adapt to university studies and culture.

Chaffey Colleges mission statement: *Chaffey College improves lives within the diverse communities it serves through equal access to quality occupational, transfer, general education, and foundation programs in a learning-centered environment where student success is highly valued, supported, and assessed.*

Align with Chaffey Colleges mission: The Puente program caters to first generation students. Most students are culturally diverse and tend to be from Hispanic backgrounds. The Puente program is centered on the goal for the student to transfer to a four-year university. Having an apprentice assigned to this program for a year to further assist the coordinator and professor/counselor to motivate and educate students in equipping them to transfer aligns with Chaffey Colleges' mission. It will also provide more experience for the counselor apprentice in working with under privileged diverse student.

Counseling Department mission: Agency + Pathways= Hope

How will this help students? Having an apprentice assigned to the Puente program would reflect the Hope theory the counseling department uses to motivate students to succeed at Chaffey Community College. The apprentice will educate students on various pathways to succeed in college that will generate motivation for the student to transfer and earn his/her bachelor degree. Studies show many students experience elevated psychological distress during their 1st year at college. A study was conducted proving

students achieved higher levels of hope following workshops that educate student about hope theory while also receiving higher grades in the semester following the intervention (Davidson, Feldman, and Margalit, 2012).

The hope theory helps students to have a positive frame of mind to be successful in pursuing their education. Snyder (2002) defines hope as learned thinking pattern, which are a set of beliefs and thoughts. This involves two cognitive goal- directed components: agentic thinking and pathway thinking. The Puente apprentice would be in charge of laying the foundation of hope theory through holding workshops for the Puente students. Research has proved this frame of mind has to be learned. It is vital for these first generation students to begin their educational journey with a strong sense of hope in understanding how powerful their agency is.

Evaluation: There will be two strategies to evaluate the need and success of the apprentice assigned to the Puente Program. Initially, the apprentice will visit high schools to inform the first generation students about the program. Students will have to explain how they were informed about the program on the application. The applications will indicate if the apprentice was effective in reaching high school students. The other part of the evaluation will not be available until the students in the Puente program transfer out to a university. The Puente program is considered a successful program by the amount of students to transfer to a four-year university. If the Puente apprentice assists in students transferring to universities successfully the position will be deemed as necessary. Before the students leave Chaffey Community College and transfers to a university they will be required to fill out a survey that will specify who and how they were motivated to transfer. The Puente apprentice will be an option for the students to choose as a motivator on the survey.

Davidson, O. B., Feldman, D. B., & Margalit, M. (2012). A Focused Intervention for 1st-Year College Students: Promoting Hope, Sense of Coherence, and Self-Efficacy. *Journal Of Psychology, 146*(3), 333-352. doi:10.1080/00223980.2011.634862

Snyder, C.R. (2002). Hope Theory: Rainbows in the mind. *Psychological Inquiry, 13*(4). 249-275.

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Budget Elements

Budget Plan

Salary

20 hours a week at \$15/hr(2 semesters=38 weeks)	\$11,400
Sub total:	\$11,400

Campus Visits

Van Rental with Gas (both semesters with 3 vans)	\$2,000
Lunch for each student (both semesters)	
40 students at \$15 each	\$1,200
Sub total:	\$3,200

Logistics

Workshop facility	0
Equipment	0
Paper material handouts (both smesters)	\$150.00
Lunch- Pizza from Ceasars Pizza	
5 Hot &Ready pizza at \$5 twice/each semester)	\$100
Beverages	\$25
Sub total:	\$275.00

Materials for High School Visits

Puente Brochures in color	\$300.00
Puente pens/pencils	\$25.00
Sub total:	\$325.00

Grand Total: \$15,200

